



## BREAKFAST PLATES

SERVED WITH MIXED GREENS TOSSED WITH HOUSE DRESSING  
OR HOME FRIES AND TOAST  
GLUTEN FREE TOAST +1

### DELISH PLATE

Served with BACON 15.60 - SAUSAGE 17.00  
cheezy tofu scramble with choice of vegan bacon or gluten free sausage

### STEAK + CHEESE OMELETTE 21.84

chickpea omelette filled with plant-based steak, cheddar cheese, onions,  
peppers and mushrooms

### ROASTED VEGGIE OMELETTE 19.76

chickpea omelette filled with zucchini, red peppers, mushrooms and spinach

### CHICKLETTE 16.64

chickpea omelette choice of two veggies  
onions, peppers, mushrooms, tomatoes, or spinach

## DELISH FAVORITES

### GRITS + HASH 21.84

corned no beef hash, cheezy tofu scramble and grits

### BREAKFAST QUESADILLA 13.52

ancient grain tortilla filled with bacon, chickpea egg, cheddar cheese,  
onions, peppers mushrooms served with vegan sour cream and salsa  
Side of avocado smash +2.70

### LET'S DO BREAKFAST WAFFLE 16.64

waffle topped with cheezy tofu scramble, hashbrown and bacon  
served with warm syrup

## STACKS + MORE

### PANCAKES SHORT 11.44 - FULL 13.52

two or three pancakes served with warm syrup

### WAFFLE 8.32

served with warm syrup

### GLUTEN FREE FRENCH TOAST 16.64

three slices of toast with cinnamon and sugar served with warm syrup

### GLUTEN FREE WAFFLES 12.48

four waffle squares served with warm syrup

## KIDS PLATES

Cheezy tofu scramble and toast 7.28

Pancake Platter 9.36

## BREAKFAST EXTRAS

Toast 2.6 / Gluten Free Toast 3.64

Cheezy Tofu Scramble 6.24

Hashbrown 3.12

Home Fries 6.24

Corn Grits 6.24

Bacon 6

Biscuit 4.16

Gluten Free Sausage Patty 5.2

Corned Beef Hash 10.40

Add Cheddar or Provolone Cheese 2.6

Add Avocado 2.6